

# NATURE MANDALA

## ART ACTIVITY



MANDALAS ARE SPIRITUAL GEOMETRIC SYMBOLS THAT  
REPRESENT THE INFINITE UNIVERSE.

HEAD ON A NATURE WALK, COLLECT LEAVES AND FLOWERS  
TO CREATE A MANDALA OF YOUR OWN.

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### SUPPLIES:

- PLANTS, FLOWERS
- GLUE
- PAPER

### STEP 1:

HEAD ON A NATURE WALK AND COLLECT  
FALLEN LEAVES, AND FLOWERS YOU  
WOULD LIKE TO USE FOR YOUR MANDALA.  
REMEMBER TO USE SAFE PRACTICES  
WHILE WALKING OUTSIDE.

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### STEP 2:

GRAB SOME GLUE AND PAPER AND BEGIN BY GLUING THE LEAF OR FLOWER YOU WOULD LIKE IN THE CENTER OF THE PAGE.



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STEP 3:

BUILD OUTWARD FROM YOUR CENTER.  
CREATE CIRCLES AROUND THE  
CENTERPIECE.





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STEP 4:

KEEP BUILDING OUTWARD UNTIL YOU ARE  
DONE!



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STEP 5:

ADMIRE YOUR MANDALAS!

