

## DIELECS DIEGS



## INGREDIENTS & SUPPLIES:

- Hard-boiled eggs\* 1 red cabbage + 1 bunch spinach + 4 tbsp ground coffee (or Nutella in a pinch) or food-safe food coloring
- 1 quart of water + 1 quart water + 2 cups of water 2 tbsp + 2 tbsp white vinegar 2 large bowls Tongs or large spoons
- Paintbrush OR ½ cup of rice, beans, lentils, peanuts (any dry pantry good) Natural Dye



## INSTRUCTIONS:

- 1. To make your natural dye, simmer the sliced cabbage in 1 quart of water & 2 tbsp vinegar for 30 mins. Let mixture cool and strain out the cabbage. Repeat step for the spinach in separate pot.
- 2. Set hard boiled eggs into the room-temperature cabbage dye for 90 minutes, stirring frequently for even color. They'll look blue instead of purple and they'll get darker blue as they dry!
- 3. Dip cabbage-dyed eggs for 30 mins. into spinach mixture until you have a blue-green shade. If available, add a tablespoon of turmeric to the spinach dye to make it brighter.
- 4. Mix 2 cups of water with 4 tbsp ground coffee and boil it down until it's syrupy in consistency. (If you don't have coffee, mixing some Nutella with water will also work.)
- 5. Let the eggs dry, with the eggs touching as little as possible so the color remains even.
- 6. To add speckles, take a paint brush and splatter the coffee onto the eggs by flicking the brush towards eggs and let dry. Alternatively, pour some coffee into a cup full of a pantry item of your choice and shake it up until the beans/rice/etc are coated in color. Drop one egg in at a time and give the cup a few shakes the speckles will appear as the colored beans touch the egg!\*\*
- 7. VOILA! Your very own dino eggs!

\*For eggs to last longer, instead of using hard-boiled eggs, dye raw eggs and let dry. Punch small hole in the bottom with a needle and let the raw egg run out.

Natural dyes fade over time, so you can put clear varnish on an emptied, dyed egg shell to preserve your "dino egg" even longer. \*\*If using food dye, adding vinegar to your water mixture will help the dye stick to the eggs. Use above instructions but substitute natural dyes with the following: For blue-green eggs, add 4 drops of blue dye and 3 drops of green dye to the vinegar water and dye the eggs for 5 minutes. Use 1 tbsp of water and 2 drops of red and 1 drop of green dye for the speckles in step 6.

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